37 Henderson Scouts Virtual family Camp 2020 Venue – Loch Down Lodge 1pm Sat 13th June – 1pm Sun 14th June

Welcome to our virtual family camp at Loch Down Lodge (I am immensely grateful to the East Ayrshire Learning Outdoors Support Team for letting us use a number of the resources they have developed for home learning). We are really keen that as many of the family get involved in this camp as possible, not just the young person who is a member of the Group

Below you will find an outline of the programme for the 24hours. We have set a few times for events that will be run through Zoom but otherwise the timings are very flexible.

We have divided the activities into two sections. The first are activities we would like everyone to have a go at and the share their results. The second section is a wide range of activities often with a supporting video that you can pick and choose from. We think there are far too many for the 24 hours but feel free to keep working through them. Most are probably best done outdoors but if that's difficult or the weather is bad many could be adapted to bring indoors.

We would love you to share your activities with the rest of the camp so if you could post on the Group Facebook page that would be great. If you don't use Facebook perhaps you could share with your child's Section Leader via WhatsApp.

The programme is of course just a set of ideas, feel free to do as much or as little as you want. There a number of Zoom meetings. We will send out invites for them.

We talk about camping and tents but if you prefer to build a shelter/den in the house that is fine.

Programme

Saturday 1pm	Zoom meeting to raise the flag for the camp Set up your camp Design a flag for your camp and make a flagpole to fly it
	Choose activities from the list. Try and do the Wild Challenge for Day 13
5-6pm	Cook a meal for you and the others at camp, this could be outside on a fire, BBQ or stove if you have them. If not feel free to cook inside.

7pm	Sections meet via Zoom so everyone can find out what the others have been doing.
7.30pm	Group quiz via Zoom.
8.30pm	Get tents /shelters sorted out ready for the night.
?pm	Lights Out.

Sunday

?am Cook a breakfast for you and everyone at camp..

Tidy up your tent ready for inspection. Take a picture and share.

Choose activities from the list. Try and do the Wild Challenge for Day 14.

12.30pm Take down tents and clear up.

1pm Join Zoom meeting to draw camp to a close.

Activities to choose from (some have a video/web link with them for more information)

Activities we would like you to try

- Design a flag for your camp
- Make a free-standing flagpole to fly your flag from. You could use garden canes and rubber bands or rolled up newspaper and Sellotape.
- Days 13 & 14 from the 30 Days Wild Challenge.
- Day 13 Watch a Wild Webcam, peek at Peregrines and Ospreys. Even better our challenge is for you to make your own film of wildlife in your area.
- Day 14 Search for mini Wildness; lichens, forests of moss and flowers in the pavement. Take a close-up picture to see it as an ant might.
- Learn some new knots. 2 resources here <u>3 basic knots</u> Simple knots
- We would love to make a record of this event that shows we were all together as a group in spirit if not in body. Could each of you get a sheet of paper and take handprints of everyone who was at your camp, label them and then post them to your child's Section Leader (they will share the address via WhatsApp). We will then turn them into a collage and display it in the hall when we return.

Other activities to pick and choose from

• Make a musical instrument and play a tune, you can see the GSL's effort here. <u>Tubular bells</u>

- Find something unusual in your area for each of the letters of Henderson Scouts
- Make a map of your campsite and use it to carry out a journey around it. Ideas here <u>Back Garden Map</u>
- Use various objects to safely cross a lava river. See Hamish do it here. Cross the lava river
- Carry out a mini pioneering project to make a catapult, Peter shows how here <u>Mini Pioneering</u>
- Try the basics of orienteering in your garden Orienteering
- Make a mini nature reserve see some ideas here Mini Nature Reserve
- Whittle some story characters <u>Whittling</u>
- Very weather dependant make your own sundial. See Peter's attempt here <u>Sundial</u>
- Another indoor one, just in case Bird quiz, can you identify 15 common garden birds <u>Big Bird Quiz</u>

Please note that although we are suggesting all these activities and believe they are sensible we cannot be there to ensure they are carried out safely so it is the responsibility of the adult at camp to ensure their children's safety.

If you have any queries about any of this programme contact me via email <u>gsl@37thayrshireshouts.co.uk</u> or phone 07966415953

Remember its for the whole family and if you want to carry on through the rest of lockdown feel free.

Looking forward to seeing you at Loch Down Lodge.